



## MEDICATION INSTRUCTIONS

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**Patient:** \_\_\_\_\_

**MR#:** \_\_\_\_\_

Because of the way certain medications work within your body and interact with each other, it may be important to stop taking them prior to your joint replacement surgery.

Please check all the medications you are currently taking and identify them on the list I have compiled. This list will assist you in determining if and when you need to stop your medications. If your medication is not listed or you have been specifically instructed otherwise, you may continue to take your medication, as usual, until the day before surgery.

Please notify me if you are taking narcotic pain medication on a regular basis. Weaning off or stopping the medications listed below is highly recommended prior to surgery:

- Hydrocodone
- Norco
- Oxycodone
- Oxycontin
- Percocet
- Vicodin

**One (1) week or 7 days prior to surgery**, please stop taking the following medications:

All birth control pills & any male or female hormone (including creams and patches) such as:  
Emcyt, Estraderm, Estratest, Estrace, Estradiol, Estrogens, Ogen, Premarin, Prempro,  
Testosterone.

All vitamins such as: A, C, E, K, Multivitamins, Fish Oil, Omega (3,6,9), Juice Plus, CoQ10

All herbal supplements such as: Echinacea, Ephedra, Garlic, Ginkgo, Ginseng, Kava,  
St. John's Wort, Valerian, Saw Palmetto

All joint supplements such as: Glucosamine, Chondroitin, MSM

All Anti-Coagulants such as: Coumadin, Warfarin, Xarelto, Pradaxa

All Anti-Platelets such as: Plavix, Clopidogrel, Aggrenox, Dipyridamole, Pletal, Cilostazol,  
Trental, Pentoxil

NOTE: If you have heart stents, do not stop Plavix until seen by a cardiologist prior to surgery.

All Aspirin containing products such as: Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin,  
Fasprin, Norgesic, Percodan

NOTE: If you have heart stents and take Plavix and Aspirin, do not stop Aspirin

All Anti-Thrombotics such as: Ticlid, Ticlodipine

Choline and Magnesium Salicylates (CMT, Tricosal, Trilisate)  
Choline Salicylate (Arthropan)  
Diclofenac (Cataflam, Voltaren, Arthrotec)  
Diflunisal (Dolobid)  
Etodolac (Lodine)  
Fenoprofen Calcium (Nalfon)  
Flurbiprofen (Ansaid)  
Ibuprofen (Advil, Motrin, Nuprin)  
Indomethacin (Indocin)  
Ketoprofen (Actron, Orudis, Oruvail)  
Magnesium Salicylate (Arthritab, Bayer Select, Doan's Pills, Magan, Mobidin, Mobogesic)  
Meloxicam (Mobic)  
Nabumetone (Relafen)  
Naproxen (Aleve, Naprosyn, Naprelan, Anaprox)  
Oxaprozin (Daypro)  
Piroxicam (Feldene)  
Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritic, Mono-Gesic, Salfex, Salsitab)  
Sodium Salicylate (various generics)  
Sulindac (Clinoril)

**Two (2) days prior to surgery**, please stop taking the following medications:

Benazepril (Lotensin)  
Candesartan (Atacand)  
Enalapril (Vasotec, Renitec)  
Eprosartan (Teveten)  
Fosinopril (Monopril)  
Irbesartan (Avapro)  
Lisinopril (Lisodur, Lopril, Novatec, Prinival, Zestril)  
Losartan (Cozaar)  
Olmesartan (Benicar)  
Perindopril (Coversy, Aceon)  
Quinapril (Accupril)  
Ramipril (Altrace, Tritace, Ramace, Ramiwin)  
Telmisartan (Micardis)  
Valsartan (Diovan)  
Zofenopril

**You may continue to take** the following medications until the time of surgery:

Acetaminophen  
Celebrex  
Hydrochlorothiazide  
Tramadol  
Tylenol

**You may continue to take** the following medications until the time of surgery:

Beta Blockers:

Acebutolol  
Atenolol (Tenormin)  
Bisoprolol (Zabeta, Ziac)  
Coreg (Carvedilol)  
Corgard (Nadolol)  
Inderal (Propranolol)  
Labetolol  
Metoprolol (Toprol)  
Pindolol

Calcium Channel Blockers:

Amlodipine (Norvasc)  
Cardizem (Diltiazem)  
Nifedipine (Procardia)  
Verapamil

Contact your medical doctor for instructions if you take any of the following medications:

Diabetic Medications Containing Metformin:

ACTOplus met  
Avandamet  
Glucovance  
Janumet  
Metaglip  
PrandiMet

Adderall  
Cytosan  
Enbril  
Imuran  
Librax  
Librium  
Methotrexate  
Remicade

I encourage you to contact me as soon as possible if you have questions related to your medications.